

Take control of your Diabetes

Do it for you. Do it today.

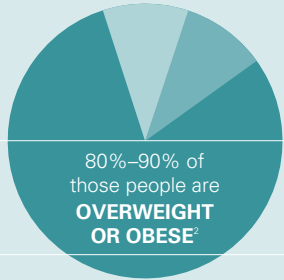
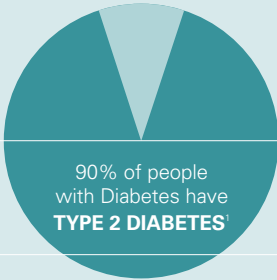


FACING THE FACTS ABOUT TYPE 2 DIABETES

Type 2 Diabetes has been called one of the fastest growing diseases in Canada.

If you suffer from this progressive and chronic disease you know it can mean a reduced quality of life, higher risk for other health complications such as heart disease, kidney failure, amputation, blindness and erectile dysfunction, and worst of all, a shortened life expectancy by 5 to 10 years.

THE LINK BETWEEN TYPE 2 DIABETES AND WEIGHT



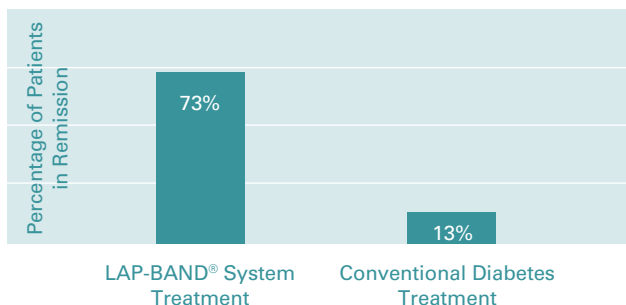
A person living with Diabetes can face direct costs for medication and supplies ranging from \$1,000 to \$15,000 a year. Despite this cost, conventional Diabetes treatments have proved to be only moderately successful. Only about half the people living with Type 2 Diabetes manage to properly control their blood sugar levels.

A PROVEN NEW TOOL

There is some good news for those living with this disease. Recent studies have shown that the significant weight loss most patients achieve with the LAP-BAND® System procedure can lead to improvements and in many cases remission of Type 2 Diabetes.

The LAP-BAND® System has been a well-established option for medical weight loss for over 10 years in Canada. But, now it is also being shown to be a useful tool in the fight against Diabetes.

73% of Patients Achieve Remission of Type 2 Diabetes with the LAP-BAND® System*



* Over a 2-year study period in a group of patients with an average BMI of 37. LAP-BAND® System patients received the procedure in addition to conventional Diabetes treatment and education.³

ADVANTAGES OF THE LAP-BAND® SYSTEM

- The LAP-BAND® System is the only gastric banding device that is Health Canada approved to be a source of improvement or remission of Type 2 Diabetes through weight loss.
- The LAP-BAND® System reduces stomach capacity and increases the feeling of fullness.
- The LAP-BAND® System can be adjusted as required to ensure optimal weight loss.
- The LAP-BAND® System is reversible (although should be considered a permanent placement).
- The LAP-BAND® System allows you to lose weight at a safe rate and, more importantly, sustain that weight loss.
- The LAP-BAND® System is placed laparoscopically and is therefore one of the least invasive obesity procedures.
- The LAP-BAND® System carries fewer risks than other obesity procedures such as stomach stapling or gastric bypass.

GET THE FULL ADVANTAGE

Allergan LAP-BAND® System patients will receive ongoing and personalized support from their clinic's experienced weight-loss staff. It is through this support that you will gain the education and tools necessary not only to achieve a healthy weight loss, but also maintain it.

Sustained weight-loss is the real advantage of the LAP-BAND® System, and the key to achieving remission of Type 2 Diabetes.

If you are living with Type 2 Diabetes and have a BMI of 35+, you may be a candidate for the LAP-BAND® System. Why not explore your options? Do it for improved health. Do it for an improved quality of life. But most of all, do it for you.

Take control of your health today, contact a private clinic and book your consultation. For more information and a list of clinics near you, call:

1 866 878 7812

or visit:

lapbandcanada.ca/diabetes

1 Canadian Diabetes Association, Diabetes Fact Sheet 09/08,
http://diabetes.ca/files/Diabetes_Fact_Sheet.pdf

2 2008 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada, *Canadian Journal of Diabetes*, 2008;32:1:S77-S81

3 Dixon JB, *et al.*, Adjustable Gastric Banding and Conventional Therapy for Type 2 Diabetes: A Randomized Controlled Trial, *JAMA* 2008;299(3):316-323

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Health



LAP-BAND®
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